

Scott Gall

DOB: 7/10/74

Coach: Self Sponsors: Bike Tech, Atlas Snowshoes, USANA, Salomon, Fox River Socks, Rocket Science Coaching, The Runner's Flat

***Career PR's**

Mile-4:10, 5K-14:50, Half-Marathon-1:08, Marathon-2:20:42 (Olympic Trials Qualifier)

***Road Racing Highlights**

-Des Moines _ Marathon	4 th	'06	Des Moines, IA
-Park to Park _ Marathon	4 th	'07	Waterloo, IA
-Sturgis 10 Miler	1 st	'08	Cedar Falls, IA

***Trail Racing Highlights**

-Living History Farms 7 Miler*	2 nd	'07	Des Moines, IA
*Largest Cross-Country race in the U.S.			
-Twin Cities Snowshoe Shuffle	1 st	'08	Minneapolis, MN
-USSSA National Snowshoe Championships	3 rd	'08	Ogden, UT
-Living History Farms 7 Miler	4 th	'08	Des Moines, IA
-Iowa State Snowshoe Championships	1 st	'09	Cedar Falls, IA

***Multi-Sport and MTB**

-Cornman Tri	4 th	'08	Gladbrook, IA
-Camp Ingawanis Mtb. Race #1	3 rd	'08	Waverly, IA
-Logansport Dino Xterra Tri	2 nd	'08	Logansport, IN
-Camp Ingawanis Mtb. Race #2 (Expert)	1 st	'08	Waverly, IA
-Logansport Dina Mtb. Race (Expert)	4 th	'08	Logansport, IN
-Xterra US Nationals	26 th	'08	Lake Tahoe, NV

***Accolades**

-Pikes Peak Marathon	2 nd	1 st US	'97	Manitou, CO
-World Championships Snowshoe	1 st		'98	Vail, CO
-World Championships Mtn. Running-Malaysia	5 th	1 st US	'99	Malaysia
-US Olympic Marathon Trials Qualifier	59 th		'00	Pittsburgh, PA
-Four-time US Mtn. Running World Championship Team Member				
-United States Snowshoeing Association National Team Member			'07/08/09	