

Martin Popp Running Resume



Personal Records

Marathon: 2:45:00 at Chicago Marathon 2008

Half-Marathon: 1:18:00 at Des Moines Marathon 2006

20K: 1:16:00 at Dam to Dam in Iowa 2006

10 miles: 54:52 at Capital Pursuit in Des Moines Iowa 2008

10K: 31:10 at Drake Relays 10K 2006

8K: 25:30 at Loyola (Chicago) 8K 2004

5K: 14:52 at Iowa State Classic 5k (300m), Ames, Iowa 2003

Recent Running Victories/Successes

Capital Pursuit 10 mile, Des Moines, IA – 5th place overall (54:52)

Chicago Marathon 2008 – 147th place overall (2:45)

Education/Career

BSBA from Drake University 2005

MBA from Drake University 2006

Employed as an actuary for Allied Insurance, a Nationwide Company, Des Moines, Iowa

Church Council President - Messiah Lutheran, Johnston IA

Personal

Married for almost 3 years to Katie Popp

Expecting our first child in July '08

Reside in West Des Moines, IA

Self-coached since leaving Drake in 2006