

## **Courtney Waltbillig**

**Current Residence: Indianola, IA**

**Birthdate: 07/07/1988**

**College: Missouri Southern State University (2011)**

**High School: Logan-Rogersville, Rogersville, MO (2006)**

### **PR's (Track)**

1500 4:33.32 NCAA DII Championships, Charlotte, NC (2010)

Mile 5:00.80 Radioshack Inv., Joplin, MO (Indoor) (2010)

3000 10:06.69 MSSU Inv., Joplin, MO (2008)

5000 17:11.50 Florida State Relays Tallahassee, FL (2010)

### **PR's (Road/XC)**

6000(XC) 21:45 NCAA DII XC Championships, Evansville, IN (2009)

5 Mile 31:44 Pumpkin Run, Joplin, MO (2010)

½ Marathon 1:23:33 Boomtown Half Marathon, Joplin, MO (debut) (2010)

### **Career Highlights**

14-time All-Mid America Intercollegiate Athletic Association selection,  
2007-2010

MIAA Triple Crown Team, 2007-2008

2-time NCAA DII All-South Central Region Selection, 2007, 2009

2-time NCAA Division II All-American, XC (2009) & DMR (5:02<sub>A</sub> 1600m)  
(2010)

6-time NCAA Division II National Championships qualifier

Part of the 3<sup>rd</sup> place 2009 NCAA Division II National Championship XC team

### **Notable Achievements**

2009 Adel Sweet Corn Festival 5K, Adel, IA, champion

2010 Boomtown Half Marathon, Joplin, MO 2<sup>nd</sup> Place (debut)

2010 Pumpkin Run 5 Miler, Joplin, MO, overall champion

2010 Bass Pro Fitness Festival 5K, Springfield, MO, champion

### **Personal**

In 2011, graduated from Missouri Southern with an A.S. in Dental Hygiene and a B.S. in Health Science, with a minor in Biology.